VARTA’s Year in Review

The Victorian Assisted Reproductive Treatment Authority is the independent regulator of fertility treatment in Victoria, Australia. In 2018-19 we educated people about what they can do to improve their chance of having a baby, we regulated clinics to promote the best interests of patients and their future children, and we supported people involved in donor conception to get the information they want. Here is a snapshot of our annual report, which includes data on treatment provided by registered clinics.
Regulation highlights

Oversaw 18 fertility treatment sites used by nearly 13,000 women

Reviewed 49 applications to import or export donated gametes including donor eggs, donor sperm, and embryos created with donor eggs and sperm

Treatment trends

12,940 women treated up 4.5%

2,339 women treated at low cost clinics up 22%

1,393 egg freezing cycles up 31%

222 cycles used previously frozen eggs up 36%

66% of IVF cycles used Intracytoplasmic Sperm Injection (ICSI)

Age of women treated

24% of patients aged 40+

39% of patients aged 35-39

37% of patients aged under 35

PGT-A used pre-implantation genetic testing for aneuploidy

1,324 women

23,049 cycles of treatment up 4.4%

88% rate of single embryo transfers

424 sperm donors available down 24%

3,919 live babies born in 2017-18 up 5%
Public education

2.79 million visits to Your Fertility website

578,000 page views of the VARTA website

1,256 followers on Facebook and Twitter

Contributed to more than 60 media reports

16 peer-reviewed articles in academic journals

17 conference presentations

Donor conception register services

113 applications to the Central Register up 38%

88 applications to the Voluntary Register up 22%

98% of people surveyed reported a positive experience of using this service

61 contact preferences lodged since 1 March 2017

22 referrals to VANISH for complex searches, resulting in 21 people identified/located

Knowledge about the impact of age on fertility

14% improvement among women

19% improvement among men