



VARTA's Year in Review

2019

The Victorian Assisted Reproductive Treatment Authority is the independent regulator of fertility treatment in Victoria, Australia. In 2018-19 we educated people about what they can do to improve their chance of having a baby, we regulated clinics to promote the best interests of patients and their future children, and we supported people involved in donor conception to get the information they want. Here is a snapshot of our annual report, which includes data on treatment provided by registered clinics.

Regulation highlights



Oversaw 18 fertility treatment sites used by nearly

13,000 women



Reviewed 49 applications to import or export donated gametes

including donor eggs, donor sperm, and embryos created with donor eggs and sperm

Treatment trends



12,940 women treated up 4.5%



2,339 women treated at low cost clinics up 22%



1,393 egg freezing cycles up 31%



222 cycles used previously frozen eggs up 36%



66% of IVF cycles used Intracytoplasmic Sperm Injection (ICSI)





24% of patients aged 40+

39% of patients **aged 35-39**

37% of patients aged under 35



품 **1,324 women**

used pre-implantation genetic testing for aneuploidy



23,049 cycles of treatment up 4.4%

88% rate of single embryo transfers

424 sperm donors available down 24%

3,919 live babies born in 2017-18 up 5%

Public education



2.79 million visits to Your Fertility website

page views of the VARTA website



1,256 followers □ on facebook and twitter **f**







Contributed to more than **60 media reports**



16 peer-reviewed articles in academic journals



17 conference presentations

Knowledge about the impact of age on fertility



14% improvement among women



19% improvement among men



Donor conception register services



113 applications to the Central Register up 38%



88 applications to the **Voluntary Register up 22%**

98% of people surveyed reported a positive experience of using this service



61 contact preferences lodged since 1 March 2017

32 referrals to VANISH for complex searches, resulting in 31 people identified/located





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