

Donor legacy questions

Fifty things to consider if you are leaving a donor legacy



What donor-conceived people most want to know

We asked Australian donor-conceived adults to identify the most important information they wished to know about their donors. These were the **top ten results** which may help you consider information you to provide for your offspring (one ranked most important):

1. medical history
2. physical features (photograph)
3. personality traits
4. family tree/history/heritage
5. interests/hobbies/passions
6. if the donor has a partner and/ or child
7. reasons for donating
8. career and job history
9. philosophy for life
10. one message to provide to your offspring.

Physical characteristics

Within this survey donor-conceived adults were also asked which physical traits interested them the most about their donors. These were the top three results:

- eyes
- height and body build
- hair.

Other information you can include

You may wish to consider the above results when creating your legacy and which medium to use. We have provided some examples of further questions you may wish to consider. It may be helpful to print these out and highlight questions you wish to cover.

- Have you ever wondered about what had come of your donation?
- Would you have been happy to hear from your offspring if they had been in touch?

Donor legacy questions

- Have you had your own children? If so, how many, age, gender, personality traits?
- If you now have your own children, did this make you think differently about your donation?
- How would your best friend describe you?
- What you believe to be your weaknesses and strengths? (How have you used your strengths to your full potential? How have you learned to deal with or overcome your weaknesses?)
- What is your ethnic and cultural background?
- What changes do you believe would make the world a better place?
- Are you a morning person or a night owl?
- Do you prefer sweet or savoury food and what are your favourites?
- What was the most defining moment of your life?
- Are you married or have a partner, and if so what are they like?
- What life advice would you give your offspring?
- Do you have any animals? If so what are they?
- Favourite song/ taste in music?
- Favourite scent (cologne or perfume)?
- Favourite place/location that you have visited?
- Favourite memory or memories?
- Favourite recipe?
- Favourite flower?
- Religion or beliefs?
- Favourite sports/teams?
- Your favourite drink?
- Favourite movie and/or book?
- Favourite quote?
- What qualities do you believe a best friend should have?
- What are some small things that make your day better?
- What would be your ideal way to spend the weekend?
- What do you believe to be the best single date on the calendar?
- Summer, autumn, winter or spring: which do you prefer?
- How do you relax after a hard day?
- What is the farthest you have ever been from home?
- What is the most heart-warming thing you have ever seen?
- What do you believe to be your best physical feature?
- What makes you most passionate in life?
- What quirks do you have?
- Where would you spend all your time if you could?
- Who or what inspires you to be better?
- What are some life lessons you have learned?
- What are some of the events in your life that have made you who you are?